Jesus Ascended into Heaven

The Ascension is one of the great feasts of the Church. Jesus went up, Body and Soul, into Heaven to be with His Father where He is waiting for all of us. Can you imagine what it was like for the apostles to see their leader and best friend going up to Heaven? It would be pretty amazing, don't you think?

At the same time, doesn't it seem a bit sad that Jesus left? Well, He knew it was time for His disciples to start working on their own. It was kind of like having someone there to help you learn to ride a bike and then they let you go so you can learn to bike on your own.

But Jesus didn't go away and leave us without any help. Nine days after He went into Heaven He sent the Holy Spirit, who would help and guide His followers.

What does today's Psalm say about the Ascension? Use every other letter from the box of letters above to fill in the blanks below.

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True or False about... The Ascension

How well do you know the story of the Ascension? See if you know which of these are true and which are false:

1. Jesus appeared to His disciples for forty days after He rose from the dead. True or false?

2. When Jesus was with His disciples after He rose from the dead, they could only see Him but they couldn't touch Him. True or false?

3. Jesus didn't tell His friends that He was going to leave them. True or false?

4. Jesus promised that He would send the Holy Spirit. True or false?

5. The disciples had gathered together and asked Jesus if He was going to restore the earthly kingdom. True or false?

6. Nobody saw Jesus rise into the sky and disappear into a cloud. True or false?

7. Two men appeared to the disciples and said, "Men of Galilee, why are you looking at the sky?" True or false?