**The Body and Blood of Christ**

Today we celebrate the feast day of the Body and Blood of Jesus in the Blessed Sacrament. At the Last Supper, Jesus knew that He was going to leave His friends. So He turned the bread into His Body and the wine into His Blood - even though they still looked like bread and wine - and told the Apostles to do the same.

Jesus gave the Apostles, who were the first priests, the power to change bread and wine into His Body and Blood in the Mass. Now at every Mass Jesus comes to us on the altar, Body and Blood, Soul and Divinity!

Of course we can't see any change happen when the priest consecrates the bread and wine, but we know that God can do things without us understanding them. He loves us so much that He wants to come to us hidden in Holy Communion. Now it is up to us to love Him back with our whole hearts.

- A-2, B-9, C-7, D-4, E-1, F-8, G-3

Answer to puzzle on front: Living Bread.

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NOT MUCH IS KNOWN OF THE LIFE OF SAINT VITUS, EXCEPT THAT HE WAS A MARTYR OF THE EARLY CHURCH IN ITALY.

ACCORDING TO LEGEND, HE WAS CONVERTED AT AGE 12 BY HIS TUTOR AND HIS NURSE.

VITUS’ FATHER WAS STILL A PAGAN, AND HAD THE THREE OF THEM SCOURGED.

THEM ESCAPED FROM PRISON AND FLED TO ROME, WHERE VITUS CURED DIOCLETIAN’S SON OF AN EVIL SPIRIT.

THE THREE WERE THROWN TO THE LIONS, BUT THE LIONS WOULD NOT TOUCH THEM.

NEXT, VITUS WAS PUT INTO BOILING OIL. THE MOMENT HE DIED, THERE WAS A GREAT STORM THAT DESTROYED SEVERAL PAGAN TEMPLES.

ALTHOUGH WE DON’T KNOW MUCH ABOUT SAINT VITUS, WE DO KNOW THAT HE WAS A HERO WHO GAVE UP HIS LIFE FOR GOD. HE IS THE PATRON SAINT OF DANCERS, ACTORS, AND AGAINST STORMS. HIS NURSE AND HIS TUTOR ARE GOOD EXAMPLES TO US BECAUSE THEY TAUGHT THE FAITH AT THE COST OF THEIR LIVES.

Gospel Match-up

How well do you know today’s Gospel story? See if you can match up the first parts with the second parts of what Jesus told the people.

I am the living bread

if any one eats of this bread,

the bread which I shall give for the life of the world

Unless you eat the flesh of the Son of man and drink his blood,

For my flesh is

and my blood

He who eats my flesh and drinks my blood

food indeed,

which came down from heaven;

abides in me, and I in him.

you have no life in you

is drink indeed.

he will live for ever;

is my flesh.

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