In today's Gospel reading, the disciples see all the hungry people who had come to listen to Our Lord and to be healed. They know that they can't feed them all, so they ask Jesus to send them to the towns to buy food. But Jesus isn't limited by nature, because He is God. He blesses a bit of bread and fish and it becomes enough to feed over five thousand people!

Our Lord was showing us that He will provide for all our needs if we listen to Him, just like it says in today's reading from the prophet Isaiah. In this story He was providing for the people's bodily needs, but He also provides for our spiritual needs.

In Holy Communion, Jesus gives Himself to us for spiritual food. Just like He could do the miracle of feeding the five thousand, He works the miracle of turning bread and wine into His Body and Blood for us at every Mass. Now He feeds millions of people all over the world with Himself!

In today's Gospel reading, Jesus turns five loaves and two fish into enough food for over 5000 people! On top of all that, they collected baskets full of leftovers.

To find out how many baskets they filled, colour in only the loaves and fish that are marked with crosses.
Saint Cajetan
August 7

St. Cajetan was born in the late 1400's near Venice. He was a good boy and after doing well in his studies he became a lawyer.

This man has a family he must provide for.

In those days many of the priests and bishops did not care about God or people's souls.

Your Excellency, our parish priest won't hear our confessions!

This made St. Cajetan sad. So he studied and became a priest.

I can't fix everything but I will do what I can. I will become a priest!

Father, I'd like to join you.

He started an order of priests that would care for people's souls.

He began a hospital for people with incurable diseases.

Although he worked with dying people, he was more saddened by the souls that were away from God.

Let me suffer for the poor sinners too!

When he grew ill the doctors tried to get him to sleep on a soft bed but he wanted to die lying on boards like our Lord dying on the cross for sinners.

Saint Cajetan knew that people were going to hell because they didn't care about God, so he dedicated his life to saving souls. Do you ever pray for the souls of people you know who have fallen away from God and the faith? Can you say a Hail Mary for them today?

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The Transfiguration
August 6th is the Feast of the Transfiguration. Jesus took Peter, James and John up a mountain where He had a surprise for them.

How well do you know the story? Sort the pictures by putting the numbers 1 to 6 in the boxes.

THIS IS MY BELOVED SON. LISTEN TO HIM!

Let us make three tents. For you, Moses and Elijah!